



## MICROGREENS VARIETIES COMPARISON CHART

### Vegetables — Fast-Growing Microgreen Varieties (10–15 days)

Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
2891MG <b>OG</b>	Arugula	Purple stems.	Spicy, nutty	\$7.40	\$10.20	\$30.60	\$27.19	\$24.98
385M				\$6.25	\$7.35	\$19.00	\$15.76	\$13.65
2290MG <b>OG</b>	Broccoli	Dark green leaves. Long stems.	Mild	\$6.95	\$9.05	\$22.10	\$19.42	\$16.33
2290M				\$4.10	\$7.10	\$12.35	\$11.12	\$10.40
2230MG <b>OG</b>	Cabbage, Red	Glossy dark green leaves, purple stems.	Mild	\$7.60	\$12.45	\$38.50	\$34.92	\$31.67
2230M				\$6.80	\$8.75	\$20.40	\$18.33	\$15.72
2251MG <b>OG</b>	<b>NEW</b> Chinese Cabbage, Tokyo Bekana	Large bright green leaves.	Mild	\$10.30	\$26.10	\$86.15	\$77.97	\$71.89
2251M	Chinese Cabbage, Tokyo Bekana			\$7.40	\$12.00	\$35.15	\$33.06	\$30.59
382MG <b>OG</b>	Cress, Cressida	Fancy three-lobed leaves.	Spicy, peppery	\$7.40	\$11.90	\$33.15	\$29.36	\$27.14
382M				\$7.40	\$10.20	\$30.60	\$27.19	\$24.98
4085M	Kale, Bright Green Curly	Vibrant, bright green leaves and stems.	Mild	\$7.10	\$9.95	\$27.80	\$24.51	\$23.12
4112M	Kale, KX-1	Glossy, serrated red leaves.	Mild	\$8.50	\$19.20	\$61.15	\$55.62	\$52.02
363MG <b>OG</b>	Kale, Red Russian	Medium-green leaves, bright purple stems and leaf margins.	Mild	\$7.95	\$14.50	\$43.10	\$39.76	\$36.87
363M				\$6.95	\$9.05	\$24.85	\$20.19	\$17.51
2123MG <b>OG</b>	Kale, Toscano	Dark blue-green leaves, light green stems.	Mild	\$9.60	\$22.65	\$68.00	\$60.98	\$54.18
2123M				\$7.60	\$12.45	\$38.50	\$34.92	\$31.67
2237MG <b>OG</b>	Kohlrabi, Purple	Dark green leaves, purple stems.	Mild	\$7.40	\$11.90	\$33.85	\$30.49	\$28.43
2237M				\$4.10	\$7.10	\$14.20	\$11.79	\$10.40
2883MG <b>OG</b>	Mizuna	Serrated green leaves, white stems.	Mild	\$7.95	\$14.50	\$43.10	\$39.76	\$36.87
4546M				\$7.35	\$10.20	\$30.60	\$27.19	\$24.93
4414M	<b>NEW</b> Mizuna, Red Flash	Fast growing. Serrated red leaves, white stems.	Mild	\$8.20	\$18.55	\$61.15	\$55.62	\$52.02
3748M	Mizuna, Red Kingdom	Red leaves, green stems.	Mild	\$13.65	\$31.65	\$107.65	\$99.03	\$91.82
2797MG <b>OG</b>	Mustard, Garnet Giant	Contrasting bright green and red leaves.	Spicy	\$9.85	\$22.65	\$70.60	\$63.86	\$59.17
2797M				\$8.50	\$19.20	\$61.15	\$55.62	\$52.02
3749M	Mustard, Miz America	Dark red leaves, light green stems.	Mild mustard	\$13.65	\$31.65	\$107.65	\$99.76	\$92.60
2884MG <b>OG</b>	Mustard, Red Giant	Green leaves, red veins.	Spicy	\$8.50	\$17.50	\$51.60	\$48.72	\$45.32
378M				\$6.95	\$9.85	\$26.20	\$22.66	\$21.84
2740MG <b>OG</b>	Mustard, Ruby Streaks	Deeply serrated green and maroon leaves.	Very spicy	\$9.85	\$25.15	\$73.15	\$67.47	\$62.21
2740M				\$8.50	\$20.75	\$63.35	\$57.78	\$52.94
2530M	Mustard, Scarlet Frills	Intricately lobed, contrasting green-red leaves.	Very spicy	\$10.90	\$27.80	\$88.35	\$80.80	\$74.98
4396M	Mustard, Wasabina	Heavily frilled green leaves.	Spicy	\$7.95	\$15.05	\$44.95	\$41.20	\$38.11
3999MG <b>OG</b>	Orach, Ruby Red	Lofty. Purple-red leaves and stems.	Earthy	\$19.85	\$51.00	\$173.40	\$160.27	\$153.47
3168M	Pac Choi, Red Pac	Spoon-shaped dark red leaves, green stems.	Mild	\$10.90	\$28.55	\$90.70	\$86.98	\$79.21
2155MG <b>OG</b>	Radish, Daikon	Lofty. White stems, green leaves.	Spicy	\$4.10	\$6.75	\$11.80	\$10.71	\$8.96
2461M	Radish, Hong Vit	Lofty. Purple stems, green leaves.	Spicy	\$6.95	\$9.85	\$26.20	\$24.41	\$22.04
4107MG <b>OG</b>	Radish, Purple Stem	Lofty. Purple stems, green leaves.	Spicy	\$5.60	\$7.35	\$15.80	\$13.08	\$11.59
2539MG <b>OG</b>	Radish, Red Rambo	Lofty. Purple leaves and stems, small percentage green plants.	Spicy	\$7.60	\$13.10	\$39.30	\$37.08	\$34.92
2539M				\$7.40	\$11.20	\$31.95	\$28.33	\$26.16
4105MG <b>OG</b>	Radish, Red Stem	Lofty. Brilliant red stems and green leaves.	Spicy	\$7.10	\$9.95	\$27.80	\$24.51	\$23.12
4105M				\$6.80	\$8.75	\$20.40	\$18.33	\$15.72
2897MG <b>OG</b>	Tatsoi	Dark green, spoon-shaped leaves.	Mild	\$7.95	\$15.05	\$44.95	\$41.20	\$38.11

### Vegetables — Slow-Growing Microgreen Varieties (16–25 days)

Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
2150MG <b>OG</b>	Alfalfa	Delicate appearance.	Nutty, pea-like	\$4.10	\$7.10	\$11.80	\$10.92	\$10.40
4426M	<b>NEW</b> Amaranth, Bicolor	Coppery leaves, magenta centers, backs, and stems.	Mild, earthy	\$8.50	\$17.50	\$51.00	\$47.59	\$42.23
2247MG <b>OG</b>	Amaranth, Garnet Red	Fuchsia-colored leaves and stems.	Mild, earthy	\$8.20	\$16.45	\$47.05	\$41.92	\$38.52
2912MG <b>OG</b>	Beet, Bull's Blood	Lofty. Red leaves, red stems.	Earthy	\$8.50	\$18.15	\$58.95	\$52.02	\$48.31
2912M				\$7.35	\$9.95	\$27.80	\$24.41	\$22.92
123M	Beet, Early Wonder Tall Top	Lofty. Bright green leaves, red stems.	Earthy	\$5.60	\$7.35	\$15.80	\$12.36	\$11.33
4544MG <b>OG</b>	Beet, Red Beet	Lofty. Bright green leaves, red stems.	Earthy	\$6.80	\$9.00	\$20.40	\$18.33	\$15.86
4609MG <b>OG</b>	<b>NEW</b> Beet, Red Leaf	Lofty. Blend of red and dark green leaves with a red blush. Red stems.	Earthy	\$7.35	\$9.95	\$27.80	\$24.41	\$22.92
2965M	Beet, Yellow	Lofty. Bright green leaves, yellow stems.	Earthy	\$6.95	\$9.20	\$24.85	\$21.37	\$18.75
2468MG <b>OG</b>	Carrot	Feathery leaves.	Mild carrot	\$8.50	\$17.50	\$51.00	\$47.59	\$42.23
2468M				\$6.95	\$9.20	\$24.85	\$21.37	\$18.95
4106MG <b>OG</b>	Chard and Beet, Rainbow Sprinkles Mix	Lofty. Red and green leaves, yellow, pink, red, and orange stems.	Earthy	\$7.20	\$22.65	\$68.00	\$61.08	\$54.59
4106M				\$7.40	\$12.00	\$35.15	\$31.72	\$29.46
4108MG <b>OG</b>	Chard, Pink Stem	Lofty. Bright green leaves, pink stems.	Earthy	\$7.35	\$9.95	\$27.80	\$24.41	\$22.92
3357M	Dandelion, Red	Narrow green leaf with pink vein.	Mild, bitter	\$9.85	\$22.65	\$68.00	\$60.98	\$54.59
2778MG <b>OG</b>	Magenta Spreen	Bright green leaves "dusted" with magenta.	Mild, earthy	\$19.55	\$49.85	\$167.70	\$152.85	\$146.67
2257M	Purslane, Ever Gruner	Succulent leaves, white-pink stems.	Earthy	\$8.50	\$18.15	\$58.95	\$53.46	\$49.34
502M	Scallion, Evergreen Hardy White	Green, thread-like leaves.	Onion	\$8.50	\$17.50	\$51.00	\$46.14	\$42.23
514M	Shungiku	Serrated leaves.	Floral, earthy	\$7.95	\$15.05	\$44.95	\$41.20	\$38.11

☞ — all microgreens are suitable for hydroponic growing

# Herbs and Flowers — Microgreen Varieties

Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
<b>Fast-Growing (10–15 days)</b>								
912MG <b>OG</b>	Borage	Broad, thick green leaves.	Mild cucumber	\$8.50	\$18.15	\$56.65	\$52.02	\$48.31
912M				\$7.95	\$14.50	\$43.10	\$39.76	\$36.20
3369M	Celosia	Bright green leaves. Pink, orange, yellow veins and stems.	Mild, earthy	\$8.20	\$17.50	\$49.30	\$44.86	\$40.58
839M	Salad Burnet	Intricate leaves.	Mild cucumber	\$10.30	\$26.05	\$81.90	\$70.97	\$67.98
2677M	Saltwort	Thread-like, succulent leaves.	Mild, salty	\$16.40	\$37.10	\$121.20	\$113.56	\$97.13
383M	Sorrel	Bright green leaves.	Lemon	\$8.50	\$18.15	\$60.05	\$54.80	\$50.62
<b>Slow-Growing (16–25 days)</b>								
3374MG <b>OG</b>	Basil, Bicolor	Contrasting purple and green leaves.	Sweet-spicy	\$16.40	\$37.10	\$121.20	\$113.56	\$106.71
906M	Basil, Cinnamon	Light green leaves.	Sweet cinnamon	\$8.20	\$17.50	\$49.85	\$45.42	\$41.92
902M	Basil, Dark Opal	Purple and green leaves.	Sweet-spicy	\$8.50	\$17.50	\$51.60	\$48.72	\$45.32
3303MG <b>OG</b>	Basil, Genovese	Shiny green leaves.	Traditional basil	\$8.50	\$17.50	\$51.60	\$48.72	\$45.32
3303M				\$6.95	\$9.05	\$24.55	\$20.19	\$16.89
944MG <b>OG</b>	Basil, Italian Large Leaf	Shiny green leaves.	Sweet-spicy	\$8.20	\$20.75	\$63.35	\$58.97	\$54.18
944M				\$6.80	\$8.75	\$20.40	\$18.33	\$15.71
774M	Basil, Lemon	Green leaves.	Spicy, citrus	\$8.20	\$17.50	\$49.85	\$44.86	\$40.58
924MG <b>OG</b>	Basil, Red Rubin	All purple leaves.	Sweet-spicy	\$16.40	\$37.10	\$125.55	\$114.43	\$106.71
924M				\$10.30	\$25.65	\$81.90	\$70.97	\$65.92
3446MG <b>OG</b>	Cilantro, Mono-germ	Preferred for microgreens. Germinates faster and sheds seed coat more readily than whole seeds.	Cilantro	\$6.25	\$7.45	\$19.35	\$16.89	\$14.94
3446M				\$5.60	\$7.35	\$15.80	\$12.36	\$11.33
4111MG <b>OG</b>	Dill	Feathery leaves.	Mild dill	\$6.95	\$9.85	\$26.20	\$22.66	\$19.83
920M				\$6.80	\$8.75	\$20.40	\$18.33	\$15.71
784MG <b>OG</b>	Fennel, Bronze	Feathery bronze leaves.	Mild fennel	\$20.90	\$53.55	\$183.60	\$173.35	\$156.05
3152MG <b>OG</b>	Fennel, Green	Feathery light green leaves.	Mild fennel	\$7.95	\$14.50	\$43.10	\$39.76	\$36.20
3152M				\$6.80	\$8.75	\$20.40	\$18.33	\$15.71
6023M	Marigold, Gem	Intricate, fern-like leaves.	Spicy, citrus	\$29.45	\$115.35	\$438.55	\$395.31	—
2943M	Shiso, Britton	Green and purple ruffled leaves.	Clove, mint	\$17.70	\$42.90	\$150.70	\$140.85	\$134.31
<b>Slow-Growing (26–30 days)</b>								
3123M	Anise Hyssop	Light green leaves, tinged with pink.	Licorice-mint	\$19.85	\$51.00	\$173.40	\$160.27	\$146.67
2441M	Chervil	Intricate green leaves.	Anise	\$6.95	\$9.20	\$24.85	\$21.37	\$18.75
922M	Cutting Celery	Intricate green leaves.	Mild celery	\$8.50	\$17.50	\$51.60	\$48.72	\$42.23
766M	Lemon Balm	Small green leaves.	Distinct lemon	\$17.70	\$42.90	\$150.70	\$133.18	\$118.81
3770M	Parsley	Intricate green leaves.	Mild parsley	\$4.10	\$6.75	\$11.80	\$10.71	\$8.50
2827MG <b>OG</b>	Sorrel, Red Veined	Bright green leaves with red veins.	Lemon	\$28.35	\$82.70	\$281.05	\$235.72	\$203.94
2827M				\$24.00	\$69.90	\$235.80	\$198.69	\$170.36

👉 all microgreens are suitable for hydroponic growing

## Microgreen Mixes

Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
<b>Fast-Growing (10–15 days)</b>								
4175M	Kale, Kalefetti Mix	A variety of leaf shapes and colors.	Mild	\$9.85	\$25.40	\$73.15	\$67.67	\$62.21
2566G <b>OG</b>	Mild Micro Mix	Varying colors and textures.	Mild	\$7.20	\$25.15	\$72.60	\$65.51	\$60.98
2566				\$6.80	\$18.15	\$59.75	\$54.59	\$46.35
4119MG <b>OG</b>	Radish, Confetti Mix	Purple and green leaves with red, purple, and pink stems.	Spicy	\$7.95	\$15.05	\$44.95	\$40.38	\$37.08
4119M				\$7.40	\$12.00	\$37.10	\$33.48	\$31.42
2567G <b>OG</b>	Spicy Micro Mix	Varying colors and textures.	Spicy	\$7.20	\$25.15	\$72.60	\$65.51	\$60.98
2567				\$6.80	\$18.15	\$59.75	\$54.59	\$46.35
<b>Slow-Growing (16–25 days)</b>								
4106MG <b>OG</b>	Chard and Beet,	Lofty. Red and green leaves, yellow, pink, red, and orange stems.	Earthy	\$7.20	\$22.65	\$68.00	\$61.08	\$54.59
4106M	Rainbow Sprinkles Mix			\$7.40	\$12.00	\$35.15	\$31.72	\$29.46

👉 all microgreens are suitable for hydroponic growing



Kalefetti Mix



Mild Micro Mix



Spicy Micro Mix



Rainbow Sprinkles Mix



Confetti Mix

## Microgreens

**CULTURE:** Grow in a greenhouse or protected area. Follow the germination guidelines for the specific variety being grown. However, you can generally be successful by following the guidelines for Brassica family members: Grow in shallow trays or 20-row flats. Broadcast seed thickly on the media surface with seeds  $\frac{1}{8}$ – $\frac{1}{4}$ " apart, press seeds firmly into media for maximum soil contact, and cover lightly with sowing mix, vermiculite, etc. Ideal soil temperature is 75°F (24°C) until germination, then reduced to 60°F (16°C). Optimal ambient temperatures are variety-specific, but 65–75°F (18–24°C) is generally a favorable range. Temperatures above 75°F can increase disease pressure and inhibit germination. Bottom water or mist to prevent sowing mix from splashing on the seedlings. Maintain even moisture and do not allow sowing medium to dry out. If fertilizing, incorporate fertilizer into the sowing mix before sowing, or use a bottom-watering system for liquid applications to avoid residue on the leaves.

**HARVEST:** Once cotyledons have fully developed, or once the first true leaves begin to emerge, depending upon your market. Typically, micros range from  $\frac{1}{2}$ –2" in height. For most items this will be 2–4 weeks after sowing, depending on the variety, growing conditions, and final product size desired. Cut with scissors or a sharp knife and minimize handling to reduce damage. Microgreens must be washed before serving. Shelf life ranges from 5–10 days under proper storage conditions.