

Herb Growing Guide

Crop	Scientific Name	Germination	Sowing Time	Seeding Method	Light	Height	Spacing	Hardiness
Angelica	<i>Angelica archangelica</i>	30 days	Spring or Fall	Direct or Transplant	Sun/Part Shade	72–96"	12–24"	Zones 4–9
Anise Hyssop	<i>Agastache foeniculum</i>	7–16 days	Spring	Transplant	Sun	24–36"	6–12"	Zones 5–9
Basil	<i>Ocimum spp.</i>	5–10 days	Spring through Summer	Direct or Transplant	Sun	Varies	4–8"	Annual
Bee Balm	<i>Monarda fistulosa</i>	7–14 days	Spring	Transplant	Sun/Part Shade	36–48"	12–18"	Zones 4–10
Borage	<i>Borago officinalis</i>	7–14 days	Spring	Direct	Sun	18–30"	12"	Annual
Caraway	<i>Carum carvi</i>	10–14 days	Spring or Fall	Direct	Sun	24–36"	4–8"	Biennial
Catnip	<i>Nepeta cataria</i>	7–10 days	Spring or Fall	Transplant	Sun	24–48"	12–18"	Zones 3–9
Chamomile	<i>Matricaria recutita</i>	10–14 days	Spring	Transplant	Sun	15–24"	8"	Annual
Chamomile, Roman	<i>Chamaemelum nobile</i>	10–14 days	Spring or Fall	Transplant	Sun/Part Shade	10–16"	8–12"	Zones 5–8
Chervil	<i>Anthriscus cerefolium</i>	10–14 days	Spring or Fall	Direct	Sun/Part Shade	10–16"	6"	Annual
Chinese Leeks/Garlic Chives	<i>Allium tuberosum</i>	7–14 days	Spring	Direct	Sun/Part Shade	12–18"	2–8"	Zones 4–9
Chives	<i>Allium schoenoprasum</i>	7–14 days	Spring or Fall	Direct	Sun/Part Shade	12–18"	2–8"	Zones 3–9
Cilantro/Coriander	<i>Coriandrum sativum</i>	7–10 days	Spring through Summer	Direct	Sun	12–18"	¼–½"	Annual
Cumin	<i>Cuminum cyminum</i>	7–14 days	Spring	Direct	Sun	6–12"	4–6"	Annual
Cutting Celery	<i>Apium graveolens</i>	7–14 days	Spring	Direct	Sun/Part Shade	18"	6"	Annual
Dandelion	<i>Taraxacum officinale</i>	7–21 days	Spring through Fall	Direct	Sun	8–18"	4–6"	Zones 3–10
Dill	<i>Anethum graveolens</i>	7–21 days	Spring through Summer	Direct	Sun	Varies	¼–½"	Annual
Fennel, Leaf	<i>Foeniculum vulgare</i>	7–14 days	Spring through Summer	Direct	Sun	24–36"	¼–½"	Zones 7–10
Ginseng	<i>Panax quinquefolius</i>	180+ days	Fall	Direct or Transplant	Shade	8–16"	3–6"	Zones 4–8
Goldenseal	<i>Hydrastis canadensis</i>	N/A	Fall	Transplant	Part Shade/Shade	12"	6–8"	Zones 5–8
Hyssop	<i>Hyssopus officinalis</i>	5–21 days	Spring	Direct	Sun/Part Shade	16–24"	6–12"	Zones 3–9
Lavender	<i>Lavandula angustifolia</i>	14–21 days	Spring	Transplant	Sun	12–18"	12–18"	Varies

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Lemon Balm	<i>Melissa officinalis</i>	7–14 days	Spring	Transplant	Sun	18–26"	12"	Zones 4–9
Lemon Grass (Seeds)	<i>Cymbopogon flexuosus</i>	7–14 days	Spring	Transplant	Sun	18–48"	8–12"	Zones 9–11
Lovage	<i>Levisticum officinale</i>	10–14 days	Spring	Transplant	Sun/Part Shade	48–78"	18–24"	Zones 4–8
Marjoram, Sweet	<i>Origanum spp.</i>	7–14 days	Spring	Transplant	Sun	8–24"	6–8"	Zones 9–11
Marjoram, Wild	<i>Origanum vulgare</i>	7–14 days	Spring	Transplant	Sun	18–40"	12"	Zones 4–8
Mexican Mint Marigold	<i>Tagetes lucida</i>	5–15 days	Spring	Transplant	Sun	16–20"	8–12"	Zones 8–11
Mint	<i>Mentha spp.</i>	10–14 days	Spring	Transplant	Sun/Part Shade	18–36"	12–18"	Zones 4–9
Mountain Mint	<i>Pycnanthemum pilosum</i>	7–14 days	Spring	Transplant	Sun	24–36"	12"	Zones 5–8
Oregano	<i>Origanum vulgare hirtum</i>	7–14 days	Spring	Transplant	Sun/Part Shade	8–24"	12"	Zones 4–9
Parsley	<i>Petroselinum crispum</i>	14–30 days	Spring	Direct or Transplant	Sun	Varies	8–12"	Biennial
Rosemary	<i>Rosmarinus officinalis</i>	14–21 days	Spring	Transplant	Sun	18–60"	8–24"	Zones 6–10
Rue	<i>Ruta graveolens</i>	10–14 days	Spring	Transplant	Sun	24–36"	12–24"	Zones 4–9
Sage, Common	<i>Salvia officinalis</i>	7–21 days	Spring	Direct or Transplant	Sun/Part Shade	16–30"	12"	Zones 4–8
Salad Burnet	<i>Sanguisorba minor</i>	5–10 days	Spring	Direct or Transplant	Sun	16–24"	8–12"	Zones 4–8
Saltwort	<i>Salsola komarovii</i>	7–14 days	Spring through Fall	Direct	Sun/Part Shade	8–18"	4–6"	Annual
Savory, Summer	<i>Satureja hortensis</i>	7–14 days	Spring	Direct or Transplant	Sun	5–7"	8"	Annual
Savory, Winter	<i>Satureja montana</i>	7–14 days	Spring	Transplant	Sun	6–12"	8"	Zones 4–8
Shiso	<i>Perilla frutescens</i>	7–21 days	Spring	Direct	Sun	18–30"	6–12"	Annual
Stevia	<i>Stevia rebaudiana</i>	7–21 days	Spring	Transplant	Sun/Part Shade	18–30"	12"	Zones 9–11
Thyme	<i>Thymus spp.</i>	14–21 days	Spring	Transplant	Sun/Part Shade	Varies	6–8"	Varies
Valerian	<i>Valeriana officinalis</i>	7–21 days	Spring or Fall	Transplant	Sun/Part Shade	48–78"	12–18"	Zones 3–9



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