

Niki Jabbour

**VEGGIE GARDEN
REMIX**

SavvyGardening.com



It all began with a snake gourd
(Ornamental or edible?)

Immigrant gardeners

(Bring new foods & techniques)



Bhamdoun, Lebanon

(Every day celebrates food & family)



My global veggie garden

(Food, flowers & fun!)



Awesome veggies to grow

(To shake up your garden!)



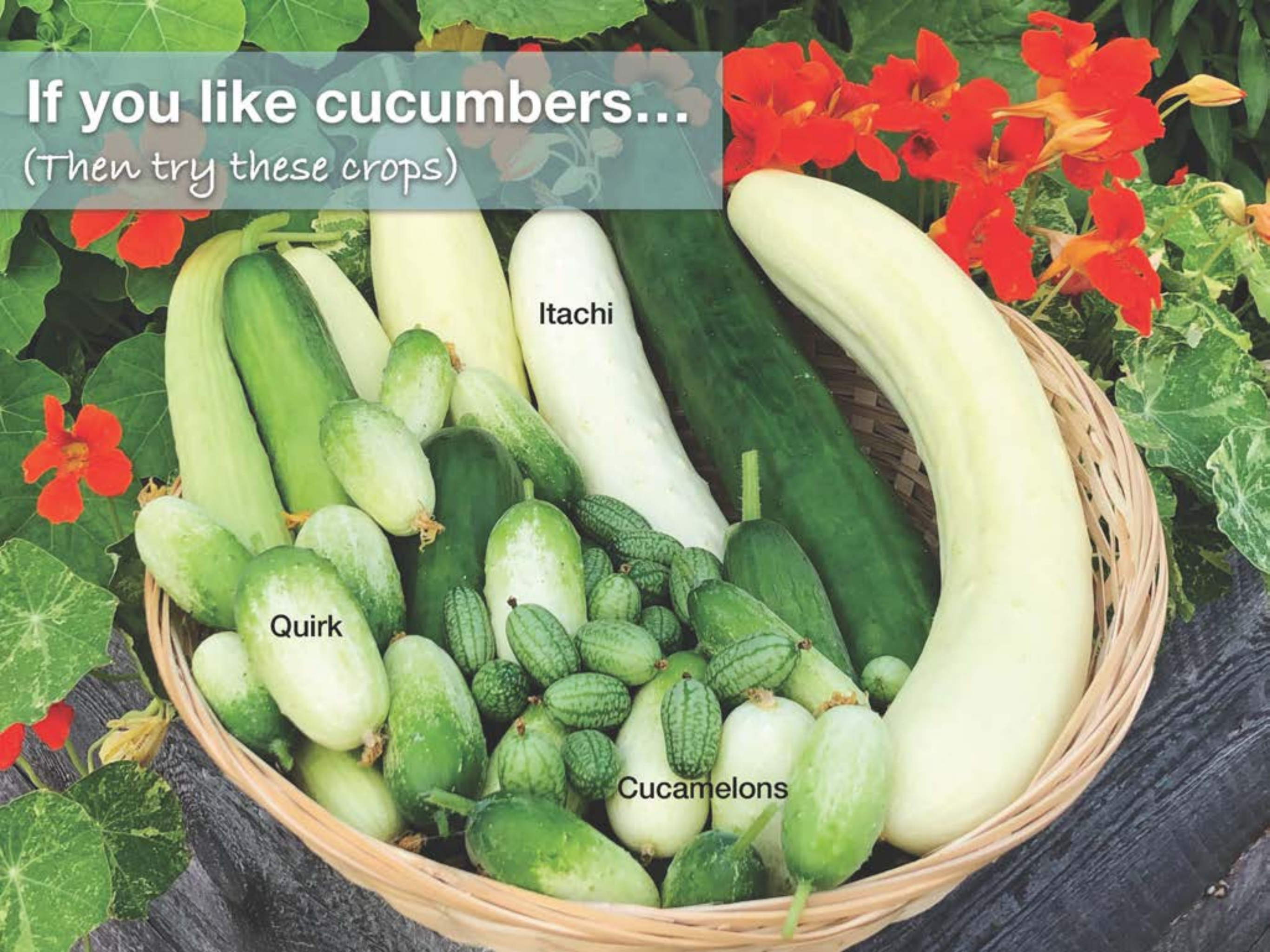
If you like cucumbers...

(Then try these crops)

Itachi

Quirk

Cucamelons



CUCAMELONS

Cucumber relative
Cucumber-lime flavour
Vining crop - trellis
Heat-loving vegetable
Harvest often





CUCUMBER MELONS

Melon family

Mild cucumber flavour

Fuzzy skin

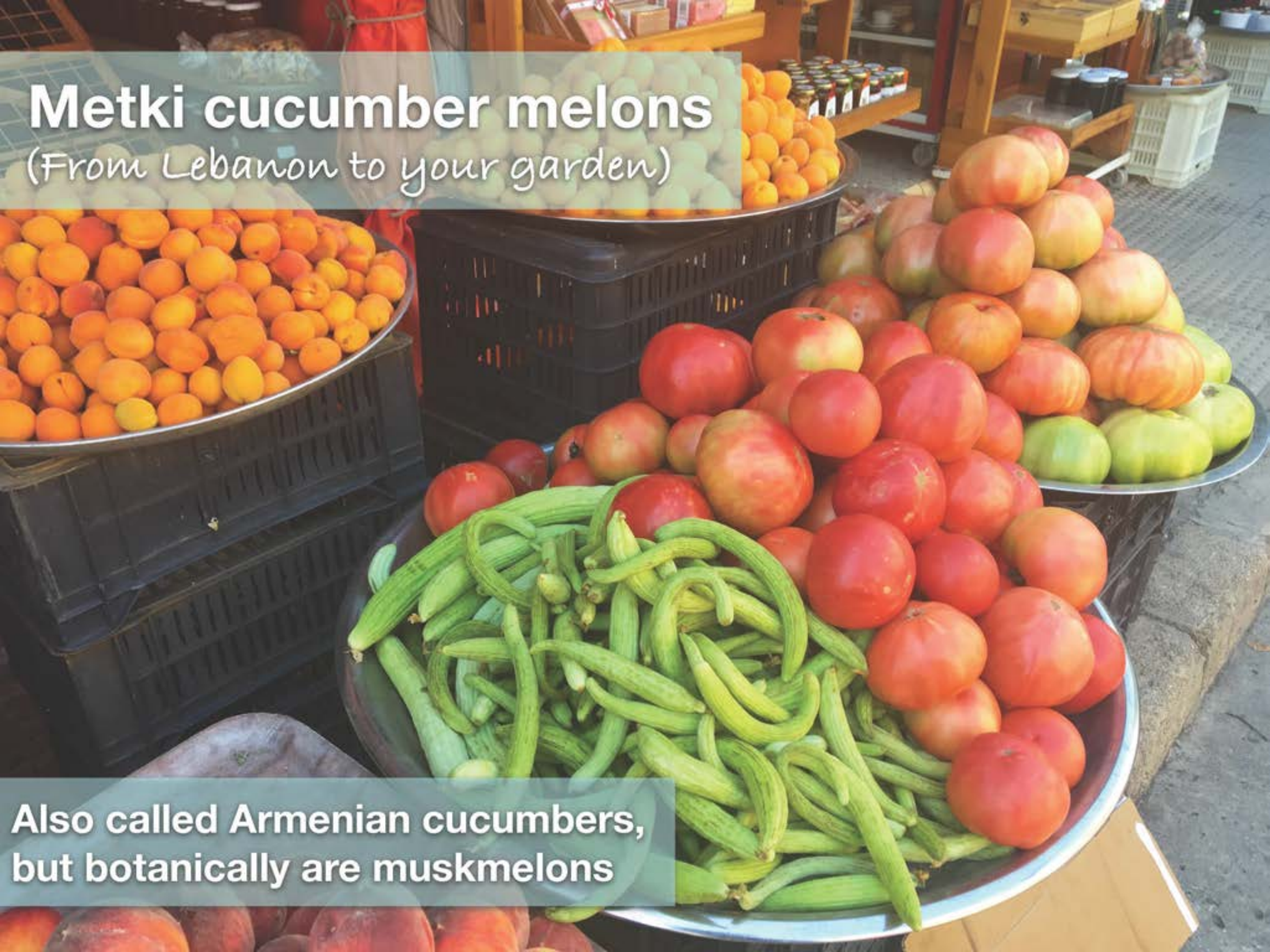
Grows on vines

Armenian, Striped Armenian



Metki cucumber melons

(From Lebanon to your garden)



**Also called Armenian cucumbers,
but botanically are muskmelons**







Or try these awesome
cucumber varieties



Suyo Long

Sashimi



Lemon



If you like lettuce...
(Then try these crops)



A photograph of several Tokyo Bekana plants growing in a wooden garden bed. The plants have bright green, curly, loose-leafed foliage. Some plants in the upper left show small yellow flowers. The background shows dark soil and other green plants.

TOKYO BEKANA

Looseleaf Chinese cabbage
Excellent lettuce substitute
Lime green curly leaves
Best in the spring or fall
Direct seed or start indoors

Mizuna

(heat & cold tolerant)





Mache

(AKA corn salad)



Purslane

(Goldburg Golden)





Salanova lettuce
(heat & cold tolerant)

Red and Green Butter

A photograph of a garden bed featuring several Salanova lettuce plants. The plants are arranged in rows, with a central row of bright green plants and rows of dark red plants on either side. A person's hand is visible in the bottom left corner, holding a leaf from the red variety. The background shows more lettuce plants and dark soil.

Salanova lettuce

(heat & cold tolerant)

Red and Green Incised



Take a walk on the wild side!

(With spicy greens)

Amara

Miz America



Red Giant



If you like tomatoes...
(Then try these crops)





GROUND CHERRIES

Tomato relative

Pineapple-vanilla flavour

Heat-loving vegetable

Grows 2ft tall, 4ft wide

Harvest when golden

Goldie





TOMATILLOS

Tomato relative
Fruity, tart flavour
Heat-loving vegetable
Grows 3 to 4 feet tall
Toma Verde, Purple



Tomatillos

(Tomatillos are bee-friendly)



Pancho



Toma Verde



De Milpa



Pancho

Semi-early variety with large rounded fruits. Vigorous plants

Or, try a handful of
awesome tomato varieties



A close-up photograph of a person's hand holding three large, round, bright red tomatoes. The tomatoes have a slightly ribbed texture and green stems. The background shows lush green foliage and a metal support structure for a tomato plant. In the bottom right corner, a woven basket is partially visible, containing more tomatoes.

Galahad

**Early, compact, productive,
disease-resistant**



Green Bee



**Captain Lucky, Pineapple,
Japanese Black Trifle, Costoluto**



**Compact indeterminate,
incredible flavor & texture**

Mochi



**Unique texture, glossy skin,
great flavor**



Blush



**Sweet fruity flavor, long yellow
cherry with pink stripes**

If you like radishes...
(Then try these crops)



WATERMELON RADISHES

Red Meat, Beauty Heart
Boldly coloured roots
Best in the spring or fall
Roots grow up to 4" across
Sweet-peppery flavour





A close-up photograph of several large, white, elongated radishes with green leafy tops, resting in a brown wicker basket. The radishes are the central focus, with their smooth, slightly tapered bodies and vibrant green leaves clearly visible. The basket's woven texture provides a rustic background.

Alpine

(Outstanding for kimchi)

**Good choice for rocky soils,
5 to 8 inches long**

Green Luobo Improved

(For kimchi & fresh eating)



Sweet-spicy flavor, 5 to 7 inches long. Best in autumn

KN-Bravo

(Sweet, crisp flavor)



**Gorgeous color, sweet flavor.
4 to 6 inch long roots**

**Don't forget to eat
your greens!**



If you like summer squash...

(Then try these crops)



Bottle gourds

(Beautiful & productive)





Snake gourds

Zephyr summer squash

(Productive & delicious)

Slender bi-colored fruits with a firm texture and nutty flavor

Eight Ball & One Ball summer squash



Lemon Sun summer squash

(Early & high-yielding)



**Open plant habit, few spines,
high-yielding**

Pantheon summer squash

(upright bush growth habit)

Costata Romanesco type with improved production and uniformity



If you like spinach...

(Then try these crops)



Komatsuna



MAGENTA SPREEN

Quinoa cousin

Heat-loving green

Spinach-like flavor

Grows 3 to 4 feet tall

Shear for leaf production



Red leaf vegetable amaranth

(Heat-loving green)



Love lies bleeding



Elephant Head



Peppermint Swiss chard

(Electric pink & white stems)





Heart of Gold Swiss chard

(New & improved variety)





Carlton komatsuna
(For baby or full-sized greens)

**Compact growth, heat and
cold tolerant**

Koji tatsoi

(Heat & cold tolerant)

Dark green leaves, heat
and cold tolerant

A close-up photograph of a Ruby Red orach plant. The plant has several large, heart-shaped leaves with a deep red to purple hue. The leaves have a slightly serrated edge and prominent veins. The plant is growing in a bed of dark soil with small, light-colored pebbles. The background is blurred, showing more of the plant and some green foliage.

Ruby Red orach

(Deep crimson foliage)

Deep purple leaves with a
spinach-like flavor

SYRIAN OREGANO

Part of za'atar spice mix
Low growing, silvery foliage
Start seeds indoors
Grow in containers or gardens
Harvest and dry for za'atar



Za'atar

(used in za'atar spice mix)

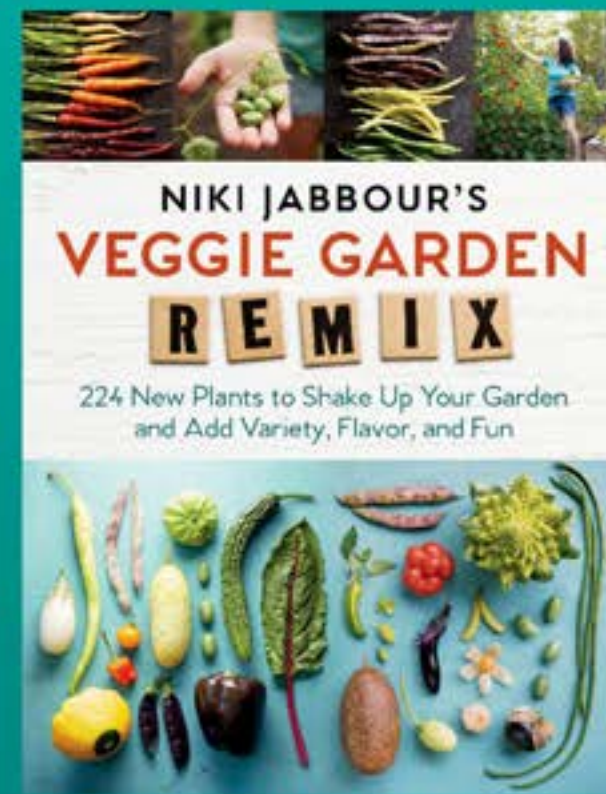
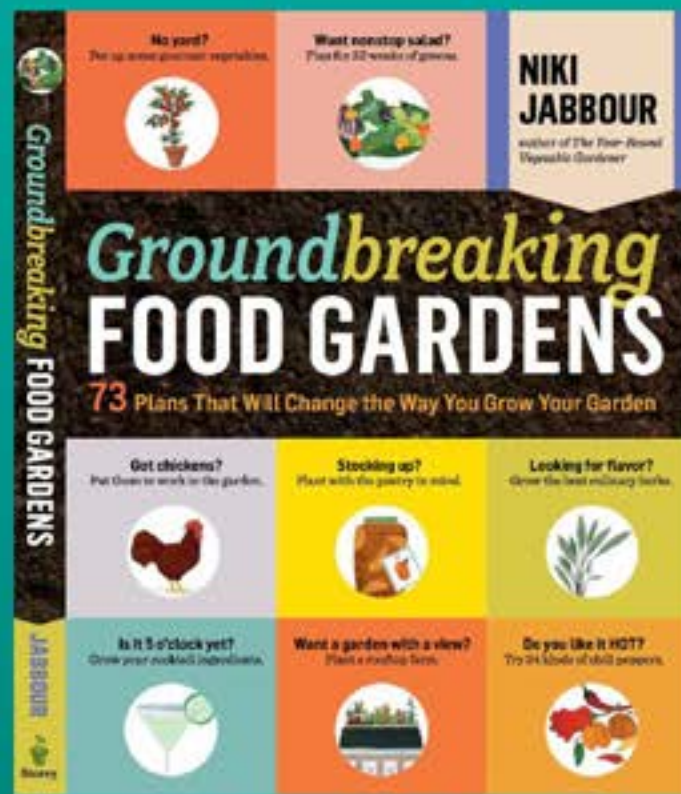
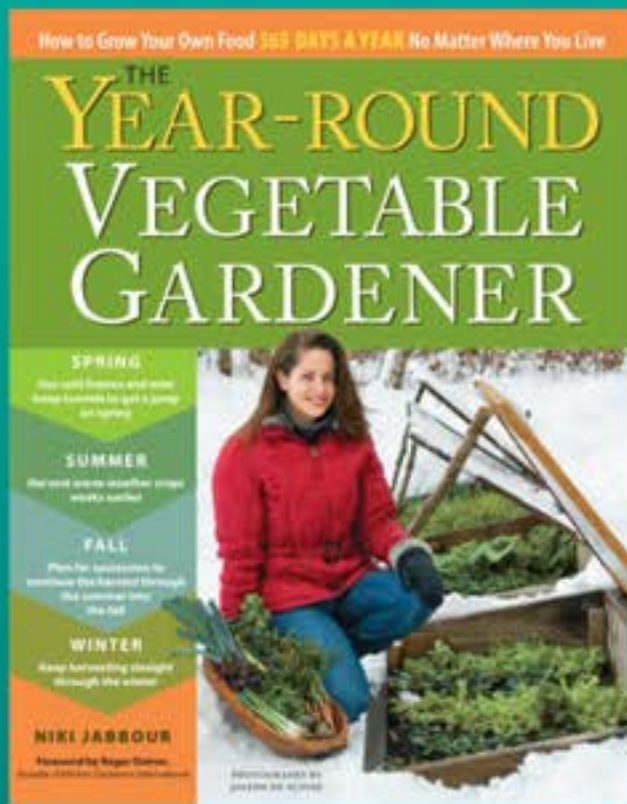


Man'ousheh



Are you ready to remix
your veggie garden?





- SavvyGardening.com
- Instagram, Facebook & Twitter @NikiJabbour
- Online Course: How to Build & Use Mini Hoop Tunnels in the Vegetable Garden (Head to SavvyGardening.com for details)

