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This collection offers you a preblended mix of lettuce and a pre-blended mix of greens, plus a packet of nasturtiums for a touch of color and peppery flavor. It is a classic sampling of salad mix components to inspire you to customize a mix to your exact liking in the future.

Lettuce Mix and Greens Mix (*Lactuca sativa* and *Brassica spp.*)

CULTURE: Gently shake the packet to ensure the seeds are thoroughly mixed. Sow in a 2–4 inch wide band, seeds roughly ½ inch apart, about 60 seeds per foot. Cover lightly with ⅛ inch of soil and firm gently. Keep the soil surface moist by misting or sprinkling with water twice daily until germination. Sow every 2 weeks for continual harvests.

PESTS AND DISEASES: *For the Greens Mix:* To prevent insect damage on young plants, especially by flea beetles, install a fabric row cover on the day of sowing. Prevent disease with crop rotation and good sanitation.

HARVEST: Begin harvest in about 4 weeks for the Lettuce Mix and 3 weeks for the Greens Mix, depending on weather and the desired size of the leaves. Use a knife or scissors to cut the leaves about ½ inch above the soil line. The plants will grow new leaves for subsequent harvesting.

Nasturtium Mix (*Tropaeolum spp.*)

CULTURE: Plant in full sun or part shade, in soil that is well-drained, but not especially rich. High levels of nitrogen in the soil will promote more foliage than flower production.

Sow directly into the soil when the soil temperature is above 60°F/16°C, about 2 weeks before the last frost, 8–12 inches apart, ½–1 inches deep. Cover the seeds, as they require darkness to germinate. Maintain a temperature of 60–65°F/16–18°C for 7–14 days until germination. Thin when the seedlings have the first true leaves. If growing in hanging baskets or 10-inch containers, thin the seedlings to 3–5 plants per container.

HARVEST: Harvest for edible flowers when the flowers are fully open. The leaves are also edible and may be harvested at any time. Both flowers and leaves are delicate and should be handled gently. Store flowers separately from the rest of the mix until serving, as they are more perishable.

To synchronize harvest dates of all 3 components of this collection, you will need to sow each at different times. Refer to the chart below to determine how many days prior to your desired harvest date you should sow each component; this is based on the days to maturity.

Component	Sowing (days prior to harvest)													HARVEST	
	65 days	60 days	55 days	50 days	45 days	40 days	35 days	30 days	25 days	20 days	15 days	10 days	5 days		
Lettuce Mix															
Greens Mix															
Nasturtiums															

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