

MICROGREENS VARIETIES COMPARISON CHART

HERBS & FLOWERS

 —all microgreens are suitable for hydroponic growing

Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
Fast-Growing (10-15 days)								
912MG CG	Borage	Broad, thick green leaves.	Mild cucumber	\$9.60	\$20.30	\$56.50	\$40.86	\$34.84
3369M	Celosia	Bright green leaves. Pink, orange, yellow veins and stems.	Mild, earthy	\$6.90	\$14.80	\$47.70	\$38.24	\$34.36
839M	Salad Burnet	Intricate leaves.	Mild cucumber	\$8.40	\$20.50	\$69.60	\$61.00	\$57.76
2677M	Saltwort	Thread-like, succulent leaves.	Mild, salty	\$13.90	\$32.40	\$117.00	\$97.08	\$82.44
383M	Sorrel	Bright green leaves.	Lemon	\$7.50	\$16.60	\$51.40	\$46.46	\$43.00
Slow-Growing (16-25 days)								
3374MG CG	NEW Basil, Bicolor	Contrasting purple and green leaves.	Sweet-spicy	\$13.90	\$31.50	\$103.20	\$98.44	\$90.56
906M	Basil, Cinnamon	Light green leaves.	Sweet cinnamon	\$9.70	\$21.60	\$70.20	\$66.66	\$62.24
902M	Basil, Dark Opal	Purple and green leaves.	Sweet-spicy	\$9.70	\$21.60	\$70.20	\$66.00	\$62.00
3303M	Basil, Genovese	Shiny green leaves.	Traditional basil	\$6.40	\$10.70	\$28.00	\$24.80	\$23.72
944MG CG	Basil, Italian Large Leaf	Shiny green leaves.	Sweet-spicy	\$8.50	\$19.40	\$61.50	\$58.32	\$54.00
944M				\$5.10	\$7.50	\$23.70	\$22.64	\$20.48
774M	Basil, Lemon	Green leaves.	Spicy, citrus	\$7.10	\$15.10	\$48.90	\$39.14	\$35.16
924MG CG	Basil, Red Rubin	All purple leaves.	Sweet-spicy	\$14.20	\$32.30	\$105.80	\$100.88	\$92.80
924M				\$10.70	\$26.90	\$97.20	\$83.50	\$62.96
919MG CG	Cilantro	Intricate green leaves.	Cilantro	\$5.20	\$8.40	\$16.40	\$14.46	\$12.68
919M				\$4.80	\$7.40	\$14.00	\$12.96	\$9.68
3446MG CG	NEW Cilantro, Monogerm	Germinates faster, more readily sheds seed coat.		\$5.20	\$8.40	\$16.40	\$14.46	\$12.68
920M	Dill	Feathery leaves.	Mild dill	\$5.30	\$7.50	\$18.80	\$16.72	\$14.24
784MG CG	Fennel, Bronze	Feathery bronze leaves.		\$18.30	\$45.50	\$155.80	\$147.08	\$132.40
3152MG CG	Fennel, Green	Feathery light green leaves.	Mild fennel	\$6.66	\$12.80	\$38.25	\$35.33	\$32.77
3152M				\$5.10	\$6.20	\$18.30	\$16.24	\$13.56
6023M	Marigold, Gem	Intricate, fern-like leaves.	Spicy, citrus	\$25.40	\$97.90	\$372.90	\$335.68	—
2943M	Shiso, Britton	Green and purple ruffled leaves.	Clove, mint	\$15.80	\$37.80	\$132.60	\$124.54	\$118.28
Slow-Growing (26-30 days)								
904M	Anise	Bright green, round, toothed leaves.	Mild licorice	\$6.40	\$14.00	\$34.10	\$30.22	\$25.28
3123M	Anise Hyssop	Light green leaves, tinged with pink.	Licorice-mint	\$15.00	\$43.20	\$145.90	\$138.32	\$124.24
2441M	Chervil	Intricate green leaves.	Anise	\$5.60	\$7.50	\$21.00	\$18.10	\$15.92
922M	Cutting Celery	Intricate green leaves.	Mild celery	\$8.00	\$17.50	\$54.40	\$48.12	\$35.96
766M	Lemon Balm	Small green leaves.	Distinct lemon	\$15.60	\$41.60	\$130.30	\$112.92	\$100.84
3770M	Parsley	Intricate green leaves.	Mild parsley	\$3.40	\$5.90	\$15.30	\$13.56	\$12.04
2827M	Sorrel, Red Veined	Bright green leaves with red veins.	Lemon	\$24.30	\$61.60	\$208.60	\$185.94	\$177.36

VEGETABLES – Slow-Growing Microgreen Varieties (16-25 days)

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Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
2150MG CG	Alfalfa	Delicate appearance.	Nutty, pea-like	\$2.95	\$6.25	\$10.50	\$9.46	\$9.03
2247MG CG	Amaranth, Garnet Red	Fuchsia-colored leaves and stems.	Mild, earthy	\$6.40	\$11.10	\$31.60	\$28.16	\$25.88
2912MG CG	Beet, Bull's Blood	Lofty. Red leaves, red stems.	Earthy	\$7.80	\$18.30	\$60.40	\$53.44	\$50.08
2912M				\$7.50	\$10.70	\$23.70	\$21.60	\$19.28
123M	Beet, Early Wonder Tall Top	Lofty. Bright green leaves, red stems.	Earthy	\$4.70	\$5.70	\$12.20	\$10.86	\$10.12
2965M	Beet, Yellow	Lofty. Bright green leaves, yellow stems.	Earthy	\$4.70	\$7.60	\$21.00	\$17.88	\$15.84
2468M	Carrot	Feathery leaves.	Mild carrot	\$4.80	\$7.70	\$21.40	\$18.22	\$16.16
703DM	Chard, Bright Lights	Lofty. Red, yellow, pink, and orange stems.	Earthy	\$15.60	\$37.20	\$109.60	\$98.52	\$95.12
3447MG CG	NEW Chard, Rainbow	Lofty. Red, yellow, and pink stems.	Earthy	\$9.85	\$21.00	\$64.00	\$56.00	\$50.00
3447M				\$6.45	\$11.26	\$31.74	\$28.16	\$25.91
702MG CG	Chard, Ruby Red	Lofty. Bright green leaves, red stems.	Earthy	\$6.90	\$15.30	\$48.40	\$42.98	\$40.08
702M				\$5.30	\$7.50	\$16.10	\$13.38	\$12.72
2183M	Chicory, Bianca Riccia	Long light green, ruffled leaves.	Mild, bitter	\$10.00	\$21.50	\$64.80	\$56.90	\$50.32
3357M	Dandelion, Red	Narrow green leaf with pink vein.	Mild, bitter	\$8.60	\$19.10	\$58.60	\$51.46	\$46.36
2778MG CG	Magenta Spreen	Bright green leaves with hint of pink.	Earthy	\$17.00	\$42.90	\$143.00	\$130.12	\$124.40
3999MG CG	Orach, Ruby Red	Lofty. Purple-red leaves and stems.	Earthy	\$18.60	\$45.70	\$147.50	\$136.02	\$130.32
2257M	Purslane, Red Gruner	Succulent leaves, white-pink stems.	Earthy	\$7.40	\$16.25	\$50.25	\$45.37	\$41.99
502M	Scallion, Evergreen Hardy White	Green thread-like leaves.	Onion	\$7.10	\$15.90	\$39.90	\$39.34	\$38.40
514M	Shungiku	Serrated leaves.	Floral, earthy	\$6.60	\$12.80	\$38.20	\$35.24	\$32.68

[More microgreens →](#)

VEGETABLES – Fast-Growing Microgreen Varieties (10-15 days)

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Part #	Variety	Description	Flavor	1 Oz.	1/4 Lb.	1 Lb.	5 Lbs. @/Lb.	25 Lbs. @/Lb.
2891MG CG	Arugula	Purple stems.	Spicy, nutty	\$6.40	\$12.40	\$37.10	\$33.42	\$30.80
385M				\$5.40	\$8.70	\$24.90	\$22.04	\$20.04
3865M	Arugula, Wasabi	Petite plant with delicate green leaves.	Bold, wasabi	\$22.10	\$73.50	\$222.70	\$186.98	\$160.28
2290MG CG	Broccoli	Dark green leaves. Long stems.	Mild	\$5.60	\$13.80	\$34.90	\$28.10	\$23.76
2230MG CG	NEW Cabbage, Red	Glossy dark green, purple stems.	Mild	\$6.70	\$13.30	\$43.20	\$38.54	\$35.08
2230M	Cabbage, Red			\$6.45	\$11.26	\$31.74	\$28.16	\$25.91
2251M	Chinese Cabbage, Tokyo Bekana	Large bright green leaves.	Mild	\$6.40	\$10.90	\$31.00	\$28.16	\$25.88
366MX	Collard, VATES	Dark green leaves.	Mild	\$5.90	\$8.60	\$17.00	\$15.54	\$15.08
382MG CG	NEW Cress, Cressida	Fancy, three-lobed leaves.	Spicy, peppery	\$6.40	\$10.40	\$29.80	\$25.92	\$22.04
382M	Cress, Cressida			\$5.90	\$9.30	\$26.80	\$23.38	\$19.88
2779MG CG	Cress, Persian	Strap leaves.	Spicy, peppery	\$9.20	\$21.40	\$68.60	\$59.66	\$50.76
363MG CG	Kale, Red Russian	Dark green leaves outlined with light purple.	Mild	\$7.00	\$14.95	\$43.50	\$39.92	\$32.28
363M				\$5.70	\$9.60	\$25.20	\$21.92	\$19.80
2123MG CG	Kale, Toscano	Blue-green leaves.	Mild	\$12.10	\$25.50	\$85.00	\$77.30	\$70.24
2123M				\$8.85	\$13.20	\$42.00	\$38.00	\$32.00
2237MG CG	NEW Kohlrabi, Purple	Dark green leaves, purple stems.	Mild	\$6.40	\$10.90	\$31.00	\$28.16	\$26.00
2237M	Kohlrabi, Purple			\$5.50	\$9.80	\$25.70	\$22.16	\$20.16
337M	Komatsuna	Spoon-shaped green leaves.	Mild	\$7.00	\$13.70	\$43.20	\$38.44	\$35.08
2566	Mild Micro Mix	Varying colors and textures.	Mild	\$5.30	\$17.80	\$58.30	\$52.60	\$49.00
2883MG CG	Mizuna	Serrated green leaves, white stems.	Mild	\$6.60	\$12.80	\$38.20	\$35.24	\$32.68
3407M	NEW Mizuna, Central Red	Bright green leaves, purple stems and veins.	Mild mustard	\$8.30	\$16.00	\$47.80	\$44.16	\$40.88
3749M	Mizuna, Miz America	Dark red leaves, light green stems.	Mild mustard	\$12.40	\$29.40	\$99.20	\$91.50	\$84.88
3748M	Mizuna, Red Kingdom	Red leaves, green stems.	Mild	\$11.60	\$27.00	\$91.10	\$84.08	\$77.96
3868M	Mustard, Barbarossa	Dark red serrated leaves, light green stems.	Mild mustard	\$7.30	\$16.40	\$53.10	\$48.06	\$44.48
2797M	Mustard, Garnet Giant	Contrasting bright green and red leaves.	Spicy	\$7.50	\$16.90	\$54.40	\$49.24	\$45.60
2738M	Mustard, Golden Frills	Bright green, intricately lobed leaves.	Spicy	\$9.50	\$22.80	\$73.10	\$66.14	\$61.24
377M	Mustard, Green Wave	Heavily curled green leaves.	Very spicy	\$5.80	\$9.70	\$25.70	\$23.14	\$20.48
2884MG CG	Mustard, Red Giant	Green leaves, red veins.	Spicy	\$8.10	\$17.20	\$55.50	\$50.24	\$46.48
378M				\$7.40	\$16.60	\$51.40	\$46.46	\$43.00
2740M	Mustard, Ruby Streaks	Deeply serrated green and maroon leaves.	Very spicy	\$9.50	\$22.80	\$74.60	\$67.44	\$62.44
2530M	Mustard, Scarlet Frills	Intricately lobed green-red leaves.	Very spicy	\$10.00	\$23.50	\$76.00	\$68.80	\$63.68
4396M	Mustard, Wasabina	Heavily frilled green leaves.	Spicy	\$6.04	\$12.70	\$38.66	\$34.95	\$32.35
3168M	Pac Choi, Red Pac	Spoon-shaped dark red leaves, green stems.	Mild	\$9.40	\$24.40	\$77.50	\$73.92	\$68.00
3159M	Pac Choi, Rosie	Spoon-shaped round, red leaves.	Mild	\$9.40	\$23.90	\$75.90	\$72.48	\$66.68
2155MG CG	Radish, Daikon	Lofty. White stems, green leaves.	Spicy	\$2.95	\$5.95	\$10.00	\$9.20	\$7.59
2461M	Radish, Hong Vit	Lofty. Purple stems, green leaves.	Spicy	\$6.20	\$10.00	\$27.80	\$25.06	\$22.96
3111M	Radish, Red Arrow	Lofty. Red stems, green leaves.	Spicy	\$5.50	\$11.50	\$24.70	\$20.64	\$19.32
2539MG CG	Radish, Red Rambo	Lofty. Purple leaves and stems, small percentage green plants.	Spicy	\$7.50	\$16.50	\$54.20	\$49.10	\$46.40
2539M				\$5.90	\$14.10	\$46.50	\$42.08	\$37.24
2567	Spicy Micro Mix	Varying colors and textures.	Spicy	\$5.30	\$17.80	\$58.30	\$52.60	\$49.00
2897MG CG	Tatsoi	Dark green, spoon-shaped leaves.	Mild	\$6.60	\$12.80	\$38.20	\$35.24	\$32.68

MICROGREENS

CULTURE: Grow in a greenhouse or protected area. Follow the germination guidelines for the specific variety being grown. However, you can generally be successful by following the guidelines for Brassica family members: Grow in shallow trays or 20-row flats. Broadcast seed thickly on the media surface with seeds $\frac{1}{8}$ – $\frac{1}{4}$ " apart, and cover lightly with sowing mix, vermiculite, etc. Ideal soil temperature is 75°F (24°C) until germination, then reduced to 60°F (16°C). Optimal ambient temperatures are variety-specific, but 65–75°F/18–24°C is generally a favorable range. Temperatures above 75°F can increase disease pressure and inhibit germination. Bottom water or mist to prevent sowing mix from splashing on the seedlings. Maintain even moisture and do not allow sowing medium to dry out. If fertilizing, incorporate fertilizer into the sowing mix before sowing, or use a bottom watering system for liquid applications to avoid residue on the leaves.

HARVEST: Once cotyledons have fully developed, or once the first true leaves begin to emerge, depending upon your market. Typically, micros range from $\frac{1}{2}$ –2" in height. For most items this will be 2–4 weeks after sowing, depending on the variety, growing conditions, and final product size desired. Cut with scissors or a sharp knife and minimize handling to reduce damage. Microgreens must be washed before serving. Shelf life ranges from 5–10 days under proper storage conditions.



Mild Micro Mix



Spicy Micro Mix

